

**Zoi Filippou Filippidou, MD, MSc.**  
**Curriculum Vitae**

**PERSONAL INFORMATION**

Name: **Zoi F. Filippidou MD MSc**  
Date of Birth: 27 November 1990, Kavala  
Address: Olympias str. 9, Glyfada, Athens, Greece  
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**EDUCATION:**

Sep. 2009- Nov. 2015: Medical University of Sofia  
School of Medicine (English Speaking Department)  
Doctor of Medicine

Oct 2016 - Oct 2017: General Hospital of Kavala  
1<sup>st</sup> Department of Internal Medicine - Resident

Jan 2018 - Jul 2018: General Hospital of Kavala  
Department of Neurology - Resident

Jul 2018 - Jan 2019: General Hospital of Kavala  
Department of Orthopaedics and Traumatology - Resident

Jan 2019 – May 2024: Asclepieion General Hospital, Voula, Athens  
Department of Physical Medicine and Rehabilitation – Resident  
Residency including participation in everyday clinical activities,  
nightshifts, participation in Outpatient Care Clinic (plantogram, EMG, EMG assisted  
BOTOX, mesotherapy, electro - acupuncture).

Sep 2020 – Jun 2024: University of Athens NKUA- School of Medicine  
Post-graduate student in Rehabilitation Following Spinal Cord Lesions.  
Spinal Pain Management.  
Thesis: “Contribution of Botulinum Toxin for The Treatment of  
Neuropathic Pain”

Oct 2021- May 2022: ACU Science – International Postgraduate Center of Acupuncture  
Traditional Chinese Medicine and Medical Acupuncture

## **PROFESSIONAL EXPERIENCE**

May 2016 - Oct 2016: Thassos Health Center  
Rural Physician

Oct 2017 - Jan 2018: Lydia Euromedica Kavala GR  
Private physician

May 2024 – Present: Asclepieion General Hospital, Voula, Athens  
Department of Physical Medicine and Rehabilitation  
Temporary extent of PMR resident position

## **CONFERENCES ATTENDED**

Oct 2014: 2<sup>nd</sup> SEERSS International Congress in Robotic Surgery for Medical Students and Junior Doctors,  
Sofia BG

Feb 2017: 7<sup>th</sup> Clinical seminar on Diabetes Mellitus, Athens GR

Jun 2017: 26<sup>th</sup> News on Treatment of Hyperlipidemia, Diabetes Mellitus, Obesity, And Hypertension with  
Emphasis on Clinical Practice, Chalkidiki GR

Jun 2018: 2<sup>nd</sup> Congress on Evidence Based Mental Health: From Research to Clinical Practice Organized by The  
International Society of Neurobiology and Psychopharmacology, Kavala GR

Mar 2019 - Nov 2019: “Management of Pain” Hellenic Society of Algology, Greek Chapter of IASP & EFIC  
Athens, GR

Sep 2020: 22<sup>nd</sup> European Congress of Physical and Rehabilitation Medicine, ESPRM, Belgrade SRB

Nov 2020: 16<sup>th</sup> Annual Panhellenic Conference of Hellenic Association of Physical Medicine and Rehabilitation,  
Athens GR

Oct 2022: Basic Prolotherapy Course: Upper Extremity and Cervical Spine. European School of Prolotherapy  
Ferrara IT

Jun 2023: The Continuous Medical Rehabilitation as an Element of Social Reintegration of The Individual with  
Disability. Tele-Rehabilitation and Primary Health Care, 22<sup>nd</sup> Annual Congress of 2<sup>nd</sup> PMR  
Department- National Rehabilitation Center, Athens GR

Oct 2023: Basic Prolotherapy Course: Lower Extremity and Lumbar Spine. European School of Prolotherapy  
Ferrara IT

Nov 2023: 19<sup>th</sup> National Congress of Physical Medicine and Rehabilitation, Athens GR

## **PRESENTATIONS IN CONFERENCES**

Nov 2023: Off - Label Use of Botulinum Toxin

S. Bourlios, Z. Phillipidou, E. Chimaras

19<sup>th</sup> National Congress of Physical Medicine and Rehabilitation, Athens GR

## **MISCELLANEOUS**

Languages spoken: Greek (Native), English (Fluent),

Driver's license: category B